

Trigonometriska integraler:

$$\int \cos^2 x \, dx = \int \frac{1}{2} (1 + \cos 2x) \, dx = \frac{x}{2} + \frac{1}{4} \sin 2x + C$$

$$\int \sin^2 x \, dx = \frac{1}{2} \int (1 - \cos 2x) \, dx = \frac{x}{2} - \frac{1}{4} \sin 2x + C$$

Jämnna potenser i $\cos x$, $\sin x$ kan hanteras med upprepad användning av "dubbla vinklar".

Ex $\int \sin^4 x \, dx = \int (1 - \cos^2 x)^2 \, dx = \int (1 - 2\cos^2 x + \cos^4 x) \, dx$

$$\cos^4 x = \left(\frac{1 + \cos 2x}{2} \right)^2 = \frac{1 + 2\cos 2x + \cos^2 2x}{4}$$

$$\text{och } \cos^2 2x = \frac{1 + \cos 4x}{2}$$

$$\begin{aligned} \therefore \int \sin^4 x \, dx &= x - 2 \left(\frac{x}{2} + \frac{1}{4} \sin 2x \right) + \left(\frac{3}{8} x + \frac{1}{4} \sin 2x + \frac{1}{32} \sin 4x \right) + C \\ &= \frac{3}{8} x - \frac{1}{4} \sin 2x + \frac{1}{32} \sin 4x + C \end{aligned}$$

Udda potenser: $\int \sin^5 x \, dx = \int \sin x (1 - \cos^2 x)^2 \, dx$ $\begin{matrix} t = \cos x \\ dt = -\sin x \, dx \end{matrix}$

$$= - \int (1 - t^2)^2 \, dt = - \int (1 - 2t^2 + t^4) \, dt$$

$$= - \left(t - \frac{2}{3} t^3 + \frac{t^5}{5} \right) + C = -\cos x + \frac{2}{3} \cos^3 x - \frac{\cos^5 x}{5} + C$$

För alla andra fall:

$$\left\{ \begin{aligned} \sin x &= \frac{\sin 2 \cdot x/2}{\cos^2 x/2 + \sin^2 x/2} = 2 \frac{\sin x/2 \cos x/2}{\cos^2 x/2 + \sin^2 x/2} = \frac{2 \tan x/2}{1 + \tan^2 x/2} = \frac{2t}{1+t^2} \\ \cos x &= \frac{\cos^2 x/2 - \sin^2 x/2}{\cos^2 x/2 + \sin^2 x/2} = \frac{1 - \tan^2 x/2}{1 + \tan^2 x/2} = \frac{1-t^2}{1+t^2} \end{aligned} \right.$$

Substitutionen $t = \tan x/2$ och $x = 2 \arctan t \Rightarrow$

$$dx = \frac{2 \, dt}{1+t^2}$$

Detta omvandlar rationella fun. av $\cos x$, $\sin x$ till rationella f. av t .

Exempel

$$12.33a) \int \frac{1}{2+\sin x} dx = \left| \begin{array}{l} t = \tan x/2 \\ dx = \frac{2}{1+t^2} dt \\ \sin x = \frac{2t}{1+t^2} \end{array} \right| = \int \frac{1}{2 + \frac{2t}{1+t^2}} \cdot \frac{2}{1+t^2} dt =$$

$$I = \int \frac{1}{1+t+t^2} dt = \int \frac{1}{(t+1/2)^2 + 3/4} dt = \frac{4}{3} \int \frac{1}{\left[\frac{2}{\sqrt{3}}(t+1/2)\right]^2 + 1} dt$$

$$z = \frac{2}{\sqrt{3}}(t+1/2) \Rightarrow dz = \frac{2}{\sqrt{3}} dt$$

$$I = \frac{4\sqrt{3}}{3 \cdot 2} \int \frac{dz}{1+z^2} = \frac{2}{\sqrt{3}} \arctan \left\{ \frac{2}{\sqrt{3}} \left(\frac{1}{2} + \tan x/2 \right) \right\} + C$$

$$Ex (5.299) \quad I = \int \frac{3+4 \sin x}{(1+\cos x)^2} dx = \int \frac{3+4 \frac{2t}{1+t^2}}{\left(1 + \frac{1-t^2}{1+t^2}\right)^2} \cdot \frac{2}{1+t^2} dt$$

$$= 2 \int \frac{3(1+t^2) + 8t}{(1+t^2 + 1-t^2)^2} dt = \int \frac{1}{2} (3+3t^2+8t) dt =$$

$$= \cancel{\frac{3}{2}t + \frac{3}{2}t^3 + 4t^2} + C = \frac{1}{2} \left(3 \tan \frac{x}{2} + \tan^3 \frac{x}{2} + 4 \tan^2 \frac{x}{2} \right) + C$$

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